



2012 CONFERENCE
FRIDAY, MAY 18
8AM-4PM



***Nurturing the
Next
Generation***

Featuring:

Nikki Lee

RN, BSN, Mother of 2, MS, IBCLC,
CCE, CIMI, ANLC, CKC

www.breastfeedingalwaysbest.com

Location: Hilton Stockton, 2323 Grand Canal Blvd. Stockton, CA 95207

Continuing Education: Provider approved by the California Board of Registered Nursing, Provider No. 1354 for 6.0 contact hours. Application for CERPS has been submitted to IBLCE. Registered dietitians will be issued a certificate of completion.

Please note that you must attend the entire conference to be eligible to receive continuing credits. No certificates will be issued for partial attendance.

The Breastfeeding Coalition of San Joaquin County gratefully acknowledges San Joaquin County Public Health Services and First 5 San Joaquin for their support of this educational program.

Nurturing the Next Generation

Program Outline:

- 7:30 Registration and Continental Breakfast
8:00 Welcome and Introductions
8:15 *Words That Work*
10:15 Break and Exhibits
10:45 *Associations Between Formula, Diabetes and Obesity*
11:45 Buffet Lunch and Exhibits
12:30 *Breastfeeding and Abuse: A Kinder, Gentler World*
1:30 Break
1:45 *Cultural Humility in Breastfeeding Work*
3:45 Summary and Evaluations
4:00 Distribution of CE certificates



Nikki Lee

Nikki is a nurse, a childbirth educator, a lactation consultant, an infant massage instructor, a cranio-sacral therapist, a researcher, a writer, and a public speaker; she has been working with breastfeeding for over 30 years. Her other interests include figure skating, back-up rhythm guitar (Irish, Cajun and old-time) and playing bodhran. Nikki imagines clean air, clean water and fresh wholesome food being major international goals. She imagines that the pursuit of armaments and war is dropped, because it isn't good for babies. She sees everyone, everywhere, caring for and about babies.

Learning Objectives:

- Describe two counseling strategies effective for each trimester of pregnancy.
- Identify two central concepts for counseling the newly postpartum mother.
- Identify one reason why bottle feeding can lead to obesity.
- Describe three ways that formula may trigger diabetes.
- Recognize the value of the Baby-Friendly Hospital Initiative in reducing the incidence of child abuse and maternal depression.
- Develop a culturally sensitive care plan to promote breastfeeding to a mother from another country.

Registration Fee: \$129 Early Bird: By April 15
\$139 Regular: April 16– May 18

Includes all conference materials, continental breakfast, buffet lunch and continuing education credit.

Register at: <http://2012bfcsjc.eventbrite.com/>

All registration is online. Credit cards and checks will be accepted.

Cancellations: Only cancellations received in writing before 5/11/12 will be granted a full refund. No refunds provided after 5/11/12.

For more information: Please visit our website at www.bfcsj.org or contact info@bfcsj.org.