

# Guide to Breastfeeding Support Services in San Joaquin County



## We're Here to Help!

*Breastfeeding is a special gift  
only you can give your baby.*

Information and support make learning to breastfeed easier. All of the San Joaquin County organizations listed here are eager to help you and your baby have a wonderful breastfeeding experience. Call today!

### BREASTFEEDING HELPLINES

#### Dameron Hospital

(209) 944-5550, ext. 3375 or 3792

#### Kaiser Stockton

(209) 476-3513

(For Kaiser members only)

#### La Leche League

1-877-4-LALECHE

24 hr. toll free helpline service

(if unable to reach a local Leader)

#### Lodi Memorial Hospital

(209) 339-7522

#### National Women's Health Center

##### Breastfeeding Helpline

1-800-944-9662

Mon.-Fri. 9am-6pm EST

#### St. Joseph's Nurse Call Center

(209) 939-4525

#### Sutter Tracy Community Hospital

##### Baby Bungalow

(209) 833-2419

#### S.J. County Public Health Services

##### Maternal Child Adolescent Health

Information on health programs and services throughout the county

(800) 698-2304

### BREASTFEEDING SUPPORT GROUPS & MOMS' GROUPS

#### Dameron Hospital

*"Mommy & Me Breastfeeding Support Group"*

2nd Tuesday of each month- 2:00 pm

(209) 461-3136

#### St. Joseph's Medical Center

*"Mother-Baby Breast Connection"*

Wednesdays- 1:00 pm

(209) 467-6331

#### Sutter Tracy Community

##### Hospital- Healthy Connections

##### Resource Center

*"Mommy and Me"*

Tuesdays- 11:30 am

Wednesdays- 5:30 pm

(209) 833-2420

#### La Leche League Group Meetings

##### La Leche League of Lodi

3<sup>rd</sup> Tuesday of each month- 10:00 am

Erin (209) 727-5894

#### La Leche League of Stockton

1<sup>st</sup> Thursday of each month- 9:30 am

Ann-Marie (209) 334-2326

Kirsten (209) 474-8084

Patricia (209) 479- 7537/(209) 625-5008

Rebecca (209) 931-4309

*Rebecca también le puede atender en español*

Tamara (TJ) (209) 923-4038

#### Community Medical Centers WIC

*"Breastfeeding Chat- English"*

Stockton- Mondays 1:15 pm

Tracy- Thursdays 10:15 am

Woodbridge- Wednesdays 1:30 pm

(209) 870-5000

*"Charlar Sobre Lactancia"*

Stockton- Lunes 10:00 am

Tracy- Jueves 9:00 am

Woodbridge- Miércoles- 1:30 pm

(209) 870-5000

#### Delta Health Care WIC

*"Moms Helping Moms"*

Stockton- Wednesdays 1:30 pm

*"A Place of Our Own"*

Stockton- Wednesdays 3:00 pm

*"MAMAS Unidas"*

Stockton- Viernes- 1:30 pm

(209) 477-0378

*"Breastfeeding Support Group"*

Lodi- Wednesdays -1:30 pm

(209) 370-6850



**Breastfeeding Coalition**  
*of San Joaquin County*

P.O. Box 4806  
Stockton, CA 95204

[www.bfcsj.org](http://www.bfcsj.org)

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## PROFESSIONAL LACTATION CONSULTATIONS (IBCLC)

### Holly Newman, BSN, RN, IBCLC

In-Home Lactation Consulting

[www.lodilactation.com](http://www.lodilactation.com)

(209) 712-7304

### Sutter Tracy Community Hospital

**Baby Bungalow**-Open to the community

Mon.– Fri. 11:30 am-1:30 pm

(209) 833-2419

### FOR WIC PARTICIPANTS ONLY:

#### Community Medical Centers WIC

(209) 870-5000

#### Delta Health Care-WIC

(209) 477-0378

#### S.J. County Public Health Services WIC

(209) 468-0373

## BREAST PUMP RENTALS

### Kaiser Health Education Dept.

*\*\*Pump rentals only for Kaiser members.*

*Pump sales open to all.*

#### Kaiser Manteca

1721 W. Yosemite Ave.

Manteca, CA 95337

(209) 824-5070

#### Kaiser Stockton

7373 West Lane

Stockton, CA 95210

(209) 476-3299

#### Kaiser Tracy

2185 W. Grant Line Rd.

Tracy, CA 95377

#### Dameron Linacia Pharmacy

420 W. Acacia St., Stockton, CA 95203

(209) 466-2954

#### Lodi Memorial Hospital Home Medical Equipment

1115 S Fairmont Ave. #1, Lodi, CA 95240

(209) 339-7610

#### St. Joseph's Medical Center

##### Pharmacy- Home Support Services

*\*\*For SJMC patients only.*

1800 N. California St., Stockton, CA 95204

(209) 461-5486

#### Sutter Tracy Community Hospital

##### Baby Bungalow

1420 N. Tracy Blvd., Tracy, CA 95376

(209) 833-2419



## WIC PROGRAMS

### STOCKTON

#### Community Medical Centers

425 N. California St., #7

Stockton, CA 95202

(209) 870-5000

#### Delta Health Care

4662 Precissi Ln., Suite 500

Stockton, CA 95207

(209) 444-8600

*This phone number also serves the West Lane Oaks and Sierra Vista WIC offices.*

#### S.J. County Public Health Services

1145 N. Hunter St.

Stockton, CA 95202

(209) 468-3280

### MANTECA

#### S.J. Public Health Services

124 Sycamore Lane

Manteca, CA 95336

(209) 823-7104

(Tuesday, Thursday & Friday)

### TRACY

#### Community Medical Centers

73 E. 10th Street

Tracy, CA 95376

(209) 229-7800

#### S.J. County Public Health Services

205 W. Ninth St.

Tracy, CA 95376

(209) 831-5930 (Monday & Wednesday)

### LODI

#### Community Medical Centers

Woodbridge Medical Group

2401 W. Turner Rd., #470

Lodi, CA 95242

(209) 370-1750

#### Delta Health Care

318 S. Crescent Ave.

Lodi, CA 95240

(209) 370-6850

For more information, links to the above listed services and other great breastfeeding websites, visit us on the web: [www.bfcsj.org](http://www.bfcsj.org)